Meniu Saptamanal

Apetit Catering

Salate	Cod	Preparate zilnice	Gramaj	Pret
Fresh	**F1**	Fresh de portocale: fruct proaspat stors	0.33 l	**12,5**
	L	Limonada: lamaie, miere, menta	0.33 l	**12,5**
De uns pe pita	**B1**	Pita, fasole frecata, castraveti murati: fasole, ulei, ceapa, rosii conserva, sare, piper, pita, castraveti murati	120/250/100 gr	**16,5**
	B2	Pita, salata de vinete, rosii cherry: vinete coapte de noi, maioneza de casa, ceapa, rosii cherry	120/200/100 g	**22**
Mizilicuri	**B3**	Piept de pui copt: piept de pui dezosat, condiment pui, sare, ulei de floarea soarelui	150 gr	**17**
	B4	Dovlecei pane, telemea, rosii cherry: dovlecei, pesmet, faina, oua, ulei prajit, rosii cherry, telem	200/200 gr	**22**
	B6	Crispy pui, sos spicy mayo: piept pui, fulgi de porumb, oua, faina, condimente, ulei floarea soa	200/75 gr	**19,5**
Sandvisuri				
	B9	Crispy pui in pita, cartofi wedges: chifla, crema branza, maioneza, sos chili, piept pui, cornflake	480 gr	**29**
Salate	**B10**	Salata cu pui crispy: piept de pui, iaurt grecesc, sos sweet chili, maioneza, fulgi de porcumb, o	400/70 gr	**32**
	B11	Salata cu ton: ton maruntit, salata mozaic, fasole rosie, castraveti, rosii cherry, ceapa verde, m	400 gr	**33**
	B12	Salata Cezar: piept de pui, salata romana, oua de prepelita, bacon, rosii cherry, parmezan, dre	400 gr	**33**
	B13	Salata greceasca cu telemea mixta: salata mozaic, rosii cherry, castraveti, ardei, telemea mixta	400 gr	**29**
Pe saturate	**B14**	Burger de vita, cartofi prajiti: chifla burger, hamburger vita Petry, maioneza, sos chili, salata ice	420 gr	**37**
	B16	File somon, wok de legume si orez basmatti: somon, ulei floare, sare, piper, wok legume, terial	150/250 gr	**37**
	B17	File pastrav, salata de orez cu legume: file pastrav congelat, orez, edamame boabe, ardei, teli	140/250 gr	**34**
Boluri				
	B20	Bol cu somon: somon, orez, edamame coapte, naut, copt, avocado, morcovi razuiti, ridichi, sal	400 gr	**37**
	B21	Bol cu curcan: piept curcan marinat, orez, ardei copt, telina coapta, morcovi razuiti, avocado, r	400 gr	**35**
Garnituri	**G1**	Cartofi wedges: cartofi congelati, ulei floarea soarelui	200 gr	**9**
	G2	Legume coapte: morcovi, telina, ardei, dovlecei	200 gr	**11**
	G3	Orez basmatti: orez, ulei, anason stelat	250 gr	**8**
	G4	Cartofi dulci prajiti cu parmezan: cartofi dulci congelati, parmezan, usturoi, patrunjel, condimente	160 gr	**16**
Sosuri	**C1**	Sos spicy mayo: maioneza, sos chili	75 gr	**3,5**
	C2	Sos chili	75 gr	**3,5**
	C3	Sos salsa: boabe mustar, ardei copti, patrunjel, rosii uscate,	75 gr	**3,5**
	C4	Sos usturoi: iaurt, maioneza, usturoi	75 gr	**3,5**

Comandă acum

		Meniu saptamana 16,11 - 20,11		
		Luni - pranz		
Supe	**Sa1**	Ciorba de curcan a la greque (morcovi, **telina**, ardei, ceapa, patrunjel, piept curcan cong, orez, smantana	400 ml	**16**
	Va1	Ciorba de legume - **POST** (morcovi , **telina**, ceapa, ardei, patrunjel, fasole verde cong, mazare cong, carto	400 ml	**15**
Fel 2	**Sa2**	Piept de pui grill, cartofi gratinati, salata de varza (piept pui Transavia , cartofi cong, mozarella, cascava	130/320 gr	**28**
	Mz2	File somon, orez prajit cu legume (file somon , sos teriaky , orez basmatti , ceapa rosie, morcovi, ar	130/220 gr	**32**
	Va2	Paste cu legume si hribi - **POST** (paste fara oua , hribi cong, ardei, praz, dovlecei , frunze patrunjel)	350 gr	**28**
Meniul zilei	**M**	Ciorba de curcan a la greque (morcovi, **telina**, ardei, ceapa, patrunjel, piept curcan cong, orez, smantana	300 ml	**41**
		Piept de pui grill, cartofi gratinati, salata de varza (piept pui Transavia , cartofi cong, mozarella, cascava	130/320 gr	
Desert	**D**	**Profiterol**	**100 gr**	**12**
Salate	**A1**	Salata asortata: salata verde, rosii, castraveti, ardei	150 gr	**6**
	A2	Rosii cu telemea: rosii, telemea	150 gr	**6**
	A3	Varza proaspata: varza, ulei, oret, sare, piper	150 gr	**4**
	A4	Sfecla rosie: sfecla rosie, sos teriaky, seminte chimen	150 gr	**5**
	A5	Salata de ardei copti: ardei gras, ulei, sare, piper	150 gr	**8**
		Marti - pranz		
Supe	**Sa1**	Supa de pui cu galuste (morcovi, **telina** , ardei, ceapa, patrunjel, gulie, piept pui Transavia, oua, gris, furnz	400 ml	**16**
	Va1	Ciorba de cartofi cu tarhon (morocvi, **telina**, ardei, ceapa, patrunjel, cartofi, smantana, rosii pasate, tarhon	400 ml	**15**
Fel 2	**Sa2**	Snitel de pui, cartofi piure, salata de muraturi (piept pui Transavia, iaurt, oua, pesmet, faina alba, ulei fl.	150/320 gr	**28**
	Mz2	Tocanita de vita, orez, sfecla coapta (pulpa vita, cimbru, rozmarin, ceapa, ardei, smantana dulce, orez, b	170/340 gr	**30**

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	Va2	Mamaliga cu branza, smantana, cascaval si ou ochi (faina de malai, branza burduf, unt, cascaval, sma	400 gr	26
Meniul zilei	M	Supa de pui cu galuste (morcovi, **telina** , ardei, ceapa, patrunjel, gulie, piept pui Transavia, oua, gris, furnz	300 ml	41
		Snitel de pui, cartofi piure, salata de muraturi (piept pui Transavia, iaurt, oua, pesmet, faina alba, ulei fl.	150/320 gr	
Desert	**D**	**Crem caramel**	**150 gr**	**12**
Salate	**A1**	Salata asortata: salata verde, rosii, castraveti, ardei	150 gr	**6**
	A2	Rosii cu telemea: rosii, telemea	150 gr	**6**
	A3	Varza proaspata: varza, ulei, oret, sare, piper	150 gr	**4**
	A4	Sfecla rosie: sfecla rosie, sos teriaky, seminte chimen	150 gr	**5**
	A5	Salata de ardei copti: ardei gras, ulei, sare, piper	150 gr	**8**
		Miercuri - pranz		
Supe	**Sa1**	Ciorba radauteana cu piept de pui (morcovi, **telina**, ardei, usturoi, piept pui Transavia, glabenus oua, sm	400 ml	**16**
	Va1	Ciorba de fasole verde - **POST** (morcovi, **telina**, ardei, ceapa, patrunjel, fasole verde cong, rosii pasate)	400 ml	**15**
Fel 2	**Sa2**	Cotlet de porc, fasole batuta, varza murata (cotlet porc, ceapa, ardei, fasole boabe, ulei fl. soarelui, cim	130/370 gr	**28**
	Mz2	Tigaie picanta de pui, cartofi rondele, varza murata (piept pui Transavia, ceapa rosie, morcovi, arc	150/320 gr	**28**
	Va2	Sarmale cu ciuperci si pasat - **POST** (varza, pasat, ceapa, morocvi, arde, ulei fl. soarelui, cimbru, marar,	380 gr	**27**
Meniul zilei	M	Ciorba radauteana cu piept de pui (morcovi, **telina**, ardei, usturoi, piept pui Transavia, glabenus oua, sm	300 ml	41
		Tigaie picanta de pui, cartofi rondele, varza murata (piept pui Transavia, ceapa rosie, morcovi, arc	150/320 gr	
Desert	**D**	**Cremes fiert**	**200 gr**	**14**
Salate	**A1**	Salata asortata: salata verde, rosii, castraveti, ardei	150 gr	**6**
	A2	Rosii cu telemea: rosii, telemea	150 gr	**6**
	A3	Varza proaspata: varza, ulei, oret, sare, piper	150 gr	**4**
	A4	Sfecla rosie: sfecla rosie, sos teriaky, seminte chimen	150 gr	**5**
	A5	Salata de ardei copti: ardei gras, ulei, sare, piper	150 gr	**8**
		Joi - pranz		
Supe	**Sa1**	Ciorba de perisoare (morcovi ,**telina**, ardei,ceapa , patrunjel, pulpa porc, orez, galbenus oua, smantana, ote	400 ml	**17**
	Va1	Ciorba de hribi a la greque (morcovi, **telina**, ardei, ceapa, patrunjel, hribi, orez, galbenu oua, smantana, of	400 ml	**17**
Fel 2	**Sa2**	Crispy de curcan, cartofi copti cu cedar, sos sweet chili (piept curcan cong , iaurt, faina alba, cornflak	150/220 gr	**30**
	Mz2	Mixgrill de porc, cus cus cu legume, castraveti murati (ceafa porc, carnati grill, cus cus, ceapa, mo	140/320 gr	**28**
	Va2	Mozzarella pane, cartofi frantuzesti, salata de varza (mozzarella, pesmet, faina, oua, ulei fl. soarelui, c	150/370 gr	**27**
Meniul zilei	M	Ciorba de perisoare (morcovi ,**telina**, ardei,ceapa , patrunjel, pulpa porc, orez, galbenus oua, smantana, ote	300 ml	41
		Mixgrill de porc, cus cus cu legume, castraveti murati (ceafa porc, carnati grill, cus cus, ceapa, mo	140/320 gr	
Salate	**A1**	Salata asortata: salata verde, rosii, castraveti, ardei	150 gr	**6**
	A2	Rosii cu telemea: rosii, telemea	150 gr	**6**
	A3	Varza proaspata: varza, ulei, oret, sare, piper	150 gr	**4**
	A4	Sfecla rosie: sfecla rosie, sos teriaky, seminte chimen	150 gr	**5**
	A5	Salata de ardei copti: ardei gras, ulei, sare, piper	150 gr	**8**
		Vineri - pranz		
Supe	**Sa1**	Ciorba taraneasca de vacuta (morcovi, **telina**, ardei , ceapa, patrunjel, cartofi, varza, conopida, mazare c	400 ml	**17**
	Va1	Supa crema de linte - **POST** (morcovi, **telina**, ardei, ceapa, linte rosie, chimion, crurtoane, ierburi aromat	400 ml	**15**
Fel 2	**Sa2**	Cordon bleu de pui, cartofi copti pe grill, muraturi (piept pui Transavia, cascaval, sunca praga, pesmet,	150/320 gr	**28**
	Mz2	File pastrav, mamaliga cremoasa, sos de usturoi (file pastrav cong, faina malai, unt, mozzarella, p	110/250 gr	**30**
	Va2	Ciuperci pane, cartofi wedges, salata asortata - **POST** (ciuperci champignon, pesmet, faina , ulei fl sc	150/320 gr	**27**
Meniul zilei	M	Ciorba taraneasca de vacuta (morcovi, **telina**, ardei , ceapa, patrunjel, cartofi, varza, conopida, mazare c	300 ml	41
		Cordon bleu de pui, cartofi copti pe grill, muraturi (piept pui Transavia, cascaval, sunca praga, pesmet,	150/320 gr	
Desert	**D**	**Gogosi**	**100 gr**	**12**
Salate	**A1**	Salata asortata: salata verde, rosii, castraveti, ardei	150 gr	**6**
	A2	Rosii cu telemea: rosii, telemea	150 gr	**6**
	A3	Varza proaspata: varza, ulei, oret, sare, piper	150 gr	**4**
	A4	Sfecla rosie: sfecla rosie, sos teriaky, seminte chimen	150 gr	**5**
	A5	Salata de ardei copti: ardei gras, ulei, sare, piper	150 gr	**8**

Preparatele Sa1, Sa2, Mz1 , Mz2 contin carne
Preparatele Va1 si Va2 sunt lactovegetariene
Preparatele: B1 - B21, G1 - G4, C1 - C4, F1 - F3, L se pot comanda zilnic
Felul 2 include 100 gr paine alba/neagra
Tacamurile de unica folosinta costa 1leu/buc

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Comandă acum